

### Notes:

- Well Women Check is ideal for women above the age of 35 yrs.
- Well Women Check can be availed by women below 35 years, however kindly note that mammography will not be done and the package rate remains the same i.e Rs. 3,250/-
- Master Health Check can be availed by Men or Women of any age group.

### Important Suggestions:

- Please take prior appointment.
- Mandatory 8-12 hours of fasting prior to the check.(No consumption of alcohol for 72 hours)
- Health check arrival time is between 8.00 am - 8.30 am.
- Do not consume any medicines, alcohol, cigarettes, tobacco or any other liquid in the morning.
- In case you are on medication, carry your medicines along with the medical prescription and previous medical records.
- Carry your urine and stool sample in a sterile container if possible.
- Inform the reception in case you are a Diabetic or a Cardiac patient.
- Health Check ends at 4.00pm
- Complimentary Breakfast provided.
- The packages cannot be altered.
- Additional tests can be availed as per actual rates

### Additional Suggestions for women:

- X-Ray is not advised for pregnant women or if suspecting pregnancy.
- Health checks are not advised during menstrual cycle.



## PREVENTIVE HEALTH CHECK PROGRAMS

PACKAGE INFORMATION



 **Victor Hospital**  
Passion for caring

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## MASTER HEALTH CHECK

### A - Pathological Tests

- Random Blood Glucose
- CBC
- Lipid Profile
- LFT
- Hba1c
- Serum Creatinine
- Urine Routine & Microscopy
- Stool Routine & Microscopy
- Serum PSA
- Serum Uric Acid
- Serum TSH
- Pap Smear

### B - Physiological

- Echo / Stress Test
- ECG
- X Ray Chest (Screening)
- Ultrasound Abdomen / Pelvis Screening

### C - Consultation

- Consultation with Physician
- Consultation with Gynecologist
- Consultation with General Surgeon
- Consultation with Nutritionist
- Consultation with Physiotherapist
- Consultation with Dentist

### D - Breakfast

## BASIC HEALTH CHECK

### A - Pathological Tests

- Random Blood Glucose
- Total Cholesterol
- CBC
- SGPT/SGOT
- Serum Creatinine
- Urine Routine & Microscopy
- Stool Routine & Microscopy

### B - Physiological

- ECG
- X-Ray Chest (Screening)

### C - Consultation

- Consultation with Physician
- Consultation with General Surgeon
- Consultation with Nutritionist
- Consultation with Physiotherapist
- Consultation with Dentist

### D - Breakfast



## HEART CHECK

### A - Pathological Tests

- Random Blood Glucose
- CBC
- Lipid Profile
- HbA1C
- SGOT/SGPT
- Urine Routine & Microscopy

### B - Physiological

- 2D ECHO / Stress Test
- ECG
- X-Ray Chest (Screening)

### C - Consultation

- Consultation with Physician
- Consultation with Cardiologist / Cardio-thoracic Surgeon\*
- Consultation with Nutritionist
- Consultation with Physiotherapist

### D - Breakfast

\*Only if requested by Physician



## WELL WOMEN CHECK

### A - Pathological Tests

- Random Blood Glucose
- Thyroid Function Test (TFT)
- Complete Blood Count
- Lipid Profile

### B - Physiological

- Papanicolaou(PAP) Test Smear
- ECG
- Mammography (Screening)
- Ultrasound (Abd & Pelvis)- (Screening)
- X-Ray Chest (Screening)

### C - Consultation

- Consultation with Physician
- Consultation with Gynaecologist
- Consultation with General Surgeon
- Consultation with Nutritionist
- Consultation with Physiotherapist
- Consultation with Dentist

### D - Breakfast